



Chappaqua AYSO Extra Program

- Everyone Plays
- Positive Coaching
- Open Registration
- Balanced Teams
- Player Development
- Good Sportsmanship

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CHAPPAQUA AYSO EXTRA and CHAPPAQUA UNITED SOCCER PROGRAM

In an effort to integrate more closely with the Chappaqua Youth Soccer Club and to promote choice for families and players, CHAPPAQUA AYSO has united with CYSC to form CUSP:

the CHAPPAQUA UNITED SOCCER PROGRAM

For players entering 3rd grade in September, here's a brief outline of the way CUSP is set up:

Your child will play on TWO teams

CYSC Team = travel program - 1 weekday practice and a Sunday travel game

AYSO Team = Saturday AYSO practice followed by an AYSO game

Your child will play soccer 3 days per week in total which INCLUDES AYSO

AYSO is a requirement to be eligible for the travel program

3rd graders need to register for both **CYSC AND AYSO** to participate in travel play.

EXTRA is the **AYSO** travel program for players entering 4th grade or higher in September.

Designed for players who want more competitive soccer and more serious training, EXTRA consists of one practice during the week and an Area travel game on Saturday afternoon. EXTRA teams also play in two or more Area tournaments.

Here is an outline of the opportunities that EXTRA offers:

- All players can join EXTRA teams. No tryouts, no cuts, and no stratification by skill level..
- All Chappaqua EXTRA teams will be balanced, based on the evaluations of coaches and trainers.
- EXTRA players play on an AYSO core team, too, meaning they have two games and two practices per week. We expect players to attend ALL events for teams they commit to.
- CYSC players participating in CUSP can join EXTRA teams in divisions U10 [4th grade] and above. Again, we expect players to attend ALL events for teams they commit to.

The number of players, fields, and coaches available determines the number of EXTRA teams in each age group. All practices are conducted by professional trainers, and are scheduled on weekday evenings at 6:00 pm. The exact days and times for each division will not be determined until the weeks immediately preceding the start of the season.

AYSO EXTRA hopes to provide an alternative to competitive tryouts and the formation of A, B, and sometimes C teams, and to keep Chappaqua kids playing in town for Chappqua teams. Before your family chooses AYSO core, AYSO core and Extra, or CYSC, we encourage you to discuss which program is best suited to your child. Be realistic about balancing all of their interests and commitments. Talk to your child about what she wants to get out of soccer and other activities that may compete for time and attention.

The ultimate goals of the program? Kids first. Fun before competition. Growing strong and disciplined human beings through healthy play and practice. And better soccer.

Costs of EXTRA play (such as trainers) will be borne by the participants. Just check off the box in the online registration for AYSO indicating your child's interest in EXTRA play.