



**Fall 2020 Coaches Information**  
Chappaqua AYSO  
Section 3, Area 3T, Region 139  
[www.chappaquaayso.org](http://www.chappaquaayso.org)



**Registration and Training Requirements:**

- [Coach registration and training overview](#)
  - All returning and new volunteers must [register on AYSO139.org](http://register.on.AYSO139.org)
- Safe Haven certification
  - On-line webinar on [AYSO U](#) . Sign in using Sports Connect credentials
  - Only need to do once
- Age-specific Coach's training
  - Sign up for online course on: [AYSO U](#)
  - Only need to do once per age-group (U6, U8, U10, etc)
  - Future in-person class dates TBA
- CDC Concussion Awareness
  - Available on [AYSO U](#) under Online Courses, Safe Haven Courses
  - Must be done even if you took the town's Concussion course in the past

**Schedule:**

- Practices and games start October 10; season ends November 21;
  - Get game schedule from your Division Coordinator.
- Be at your field 15 minutes early to prepare field (goals/sandbags/cones); prepare training plan night before. Allow extra time for High School sports & related additional screening requirements

**Uniforms and Equipment bags:** Check equipment bags and advise your Division Coordinator if you need:

- First Aid kit, Ice packs, pinnies, cones
- Zip Ties for goal nets
- Contact the [Equipment Manager](#) for replacement / missing equipment

**Safety:**

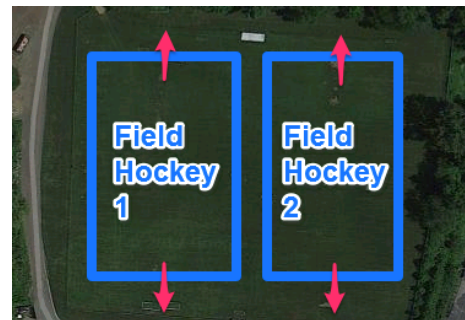
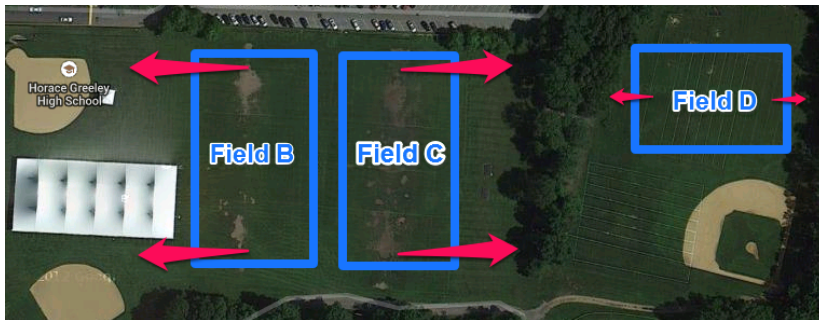
- **Sandbags on ALL goals** –NY State law requires all goals be “anchored”
- Shinguards UNDER socks against the skin
- Cleats - no metal or sharp studs
- NO jewelry of any kind, including taped-over earrings or bracelets (ONLY exception is for medical alert bracelets, which must be taped over)
- Lightning & Thunder: "If you hear it, clear it. If you see it, flee it." Play is suspended for 20 minutes.
- If the town closes the grass fields then we are cancelled for that timeframe. No more town vs school.

**COVID precautions:** [Safety Plan Summary](#)

- Face coverings required by all at all times. If player can't tolerate, they sit out until they recover.
- No high-fives, post-game handshakes, huddles, etc
- Each player, parent & coach brings their own hand sanitizer and are responsible for their own personal equipment (ball, water bottles, bags)
- Coaches place and pick up their own training cones, players do not touch cones
- Coaches stay 6+' apart from players
- [Daily Health Attestation](#) form required to be filled out for **each** attendee PRIOR to coming to field. Include this link in your weekly team email.
- Coaches must track attendance each week (including parents and trainers) and report to your coordinator by the end of the day.
- Parents on sidelines must also remain 6+' apart from each other. Enlist their help.

### Weekly responsibilities:

- U12 and above: Contact opposing coach during week to confirm game & exchange contact info. Report game results into scheduling system.
- Rain-outs called prior to game or at field: Contact Division Coordinator and Referee Administrator [Rob Catarella](#) immediately.
- [Clear goals and sandbags](#) off field if last game of day:
  - Required on all fields. HGHS example:



### Other:

- Reversible jerseys, have kids wear undershirt so they can flip jersey color as needed
- Coaches: no sunglasses
- Collect signed Player Participation Form & COVID waiver and keep in your equipment bag – must have with you every week; assistant coaches should have a set too
- Manage blowouts
  - Recognize early and employ strategies
  - Put scorers on back line and don't press, only use weak foot, only shots from outside the box, only shots from players who haven't scored
  - Trade players to balance game
- No heading the ball for U12 and below.
- U8 and above: Parents on opposite side of field from team and coaches

### Referees:

- Most referees are children. DO NOT challenge the referees' calls. Direct your concerns to the Referee Administrator [Rob Catarella](#) after the game.
- Remind your parents
- Become a referee! We train referees age 12 and up: [Referee info here](#)

**Photo Day:** Not this year

### Free, Additional Training: (Start Date TBD)

- Run by the upper division trainers
- Wednesdays until daylight savings time, 4:30-6:00pm, HGHS D
- U10 and younger, includes separate breakout Goalkeeping skill development

### Online resources:

[Chappaqua AYSO Weather Closures](#)      [Chappaqua AYSO Board](#)      [Directions to fields](#)  
[Facebook](#)      [Twitter](#)  
[AYSO National](#)      [AYSO training classes](#)  
[Age-Appropriate Training Activities with focus on increased distancing](#)