



Spring 2021 Coaches Information

Chappaqua AYSO
Section 3, Area 3T, Region 139
Established 1977
www.chappaquaayso.org



Registration and Training Requirements:

- [Coach registration and training overview](#)
 - All returning and new volunteers must [register on AYSO139.org](http://register.on.AYSO139.org) once per school year
- Safe Haven certification
 - On-line webinar on [AYSO U](#) . Sign in using Sports Connect credentials
 - Only need to do once
- Age-specific Coach's training
 - Sign up for online course on: [AYSO U](#)
 - Only need to do once per age-group (U6, U8, U10, etc)
 - Future in-person class dates TBA
- CDC Concussion Awareness
 - Available on [AYSO U](#) under Online Courses, Safe Haven Courses
 - Must be done even if you took the town's Concussion course in the past

Schedule:

- Practices and games start April 17; season ends June 20; No games on May 9 (Mothers' Day Sunday) or practices & games May 29-30 (Memorial Day Weekend)
 - Get game schedule from your Division Coordinator.
- Be at your field 15 minutes early to prepare field (goals/sandbags/cones); prepare training plan night before. Allow extra time for High School sports & related additional screening requirements

Uniforms and Equipment bags: Check equipment bags and advise your Division Coordinator if you need:

- First Aid kit, Ice packs, pinnies, cones
- Zip Ties for goal nets
- Contact the [Equipment Manager](#) for replacement / missing equipment

Safety:

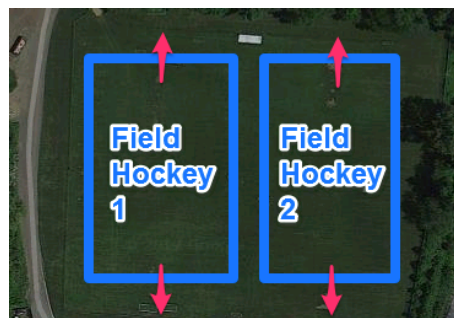
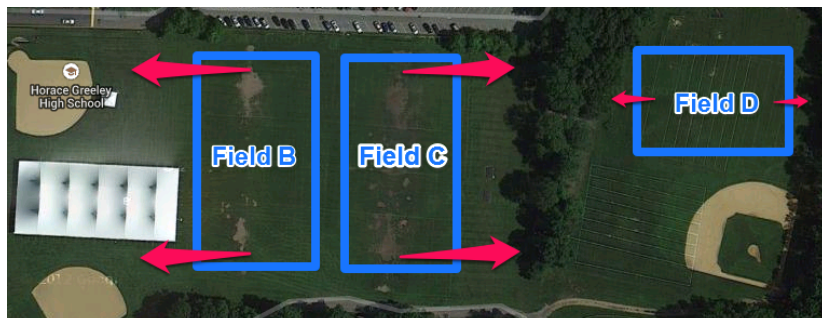
- **Sandbags on ALL goals** –NY State law requires all goals be “anchored”
- Shinguards UNDER socks against the skin
- Cleats - no metal or sharp studs
- NO jewelry of any kind, including taped-over earrings or bracelets (ONLY exception is for medical alert bracelets, which must be taped over)
- Lightning & Thunder: "If you hear it, clear it. If you see it, flee it." Play is suspended for 20 minutes.
- If the town closes the grass fields then we are cancelled for that timeframe. No more town vs school.

COVID precautions: [Safety Plan Summary](#)

- Face coverings required by all at all times. If player can't tolerate, they sit out until they recover.
- No high-fives, post-game handshakes, huddles, etc
- Each player, parent & coach brings their own hand sanitizer and are responsible for their own personal equipment (ball, water bottles, bags)
- Coaches place and pick up their own training cones, players do not touch cones
- Coaches stay 6+' apart from players
- [Daily Health Attestation](#) form required to be filled out for **each** attendee PRIOR to coming to field. Include this link in your weekly team email.
- Coaches **MUST** track attendance each week (including parents and trainers) and report to your coordinator **by the end of the day**.
- Max 2 attendees per player, must also remain 6+' apart from each other. Enlist their help.

Weekly responsibilities:

- U12 and above: Contact opposing coach during week to confirm game & exchange contact info. Report game results into scheduling system.
- Rain-outs called prior to game or at field: Contact Division Coordinator and Referee Administrator [Rob Catarella](#) immediately.
- [Clear goals and sandbags](#) off field if last game of day:
 - Required on all fields. HGHS example:



Other:

- Reversible jerseys, have kids wear undershirt so they can flip jersey color as needed
- Coaches: no sunglasses
- Collect signed Player Participation Form & COVID waiver and keep in your equipment bag – must have with you every week; assistant coaches should have a set too
- Manage blowouts
 - Recognize early and employ strategies
 - Put scorers on back line and don't press, only use weak foot, only shots from outside the box, only shots from players who haven't scored
 - Trade players to balance game
- No heading the ball for U12 and below.
- U8 and above: Parents on opposite side of field from team and coaches

Referees:

- Most referees are children. DO NOT challenge the referees' calls. Direct your concerns to the Referee Administrator [Rob Catarella](#) after the game.
- Remind your parents. Set the example for the kids
- Become a referee! We train referees age 12 and up: [Referee info here](#)

Free, Additional Training: (Start Date April 21)

- Run by the upper division trainers
- Wednesdays, 4:30-6:00pm, Grafflin
- U10 and younger, includes separate breakout Goalkeeping skill development

Misc:

- Annual Coaches dinner, June TBD
- Annual Coaches game, June TBD
- Photo Day: Not this year

Online resources:

[Chappaqua AYSO Weather Closures](#) [Chappaqua AYSO Board](#) [Directions to fields](#)
[Facebook](#) [Twitter](#)
[AYSO National](#) [AYSO training classes](#)
[Age-Appropriate Training Activities with focus on increased distancing](#)